

Welcome to Croydon University Hospital Maternity Services

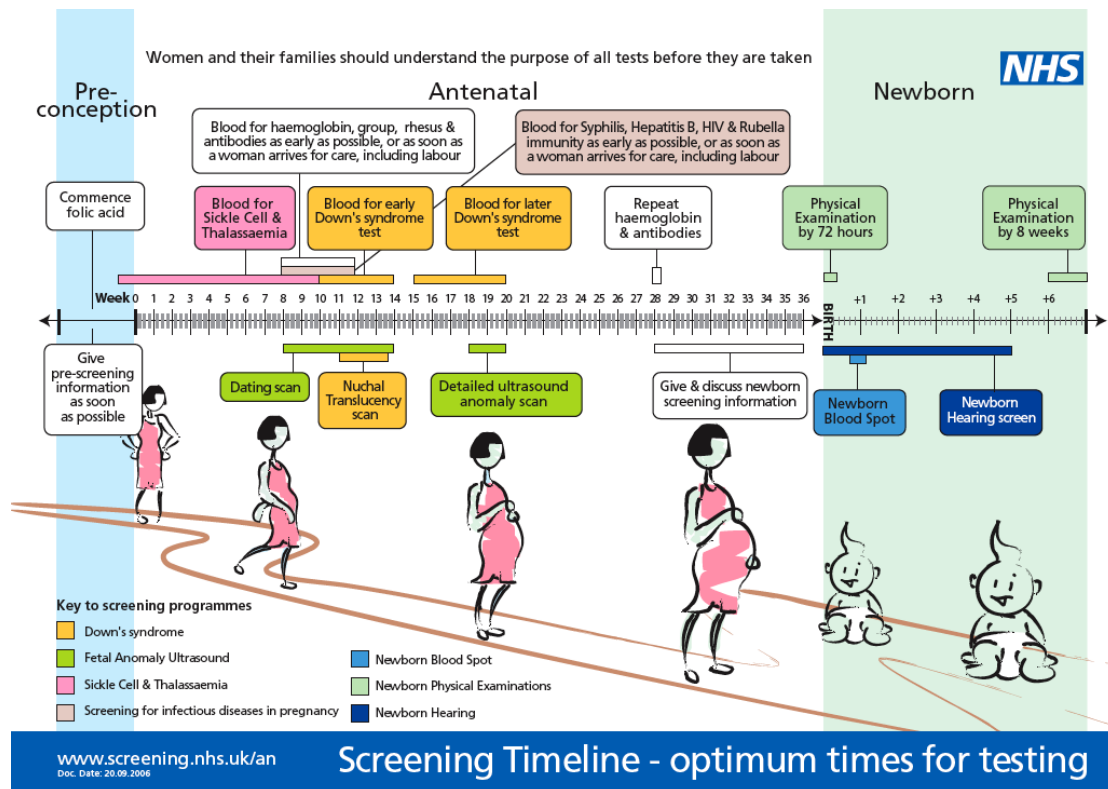
The preparation and birth of a baby continues to be important to us. This is why at Croydon University Hospital we have made it easier for women to refer themselves for maternity care.

As soon as you find out you are pregnant we encourage you to refer yourself by completing our online referral form. This can be accessed via our website www.croydonhealthservices.nhs.uk/maternity-services.

Referring yourself reduces any delays but in case you are not able to you can contact your GP or local midwifery team who can send the referral for you.

Our aim is that you see the midwife for your first appointment between 8 and 9 weeks hence you need to send your referral or ask your GP/midwife to send it by 6 weeks.

This supports the National Screening Committee timescales for Antenatal and Newborn Screening



Community Contacts

Planning area 1

North Midwifery Team

Community Midwives Office
Croydon University Hospital
530 London Road
Thornton Heath
CR7 7YE
02084013000 Ext 5038
07976704127
CH-TR.northmidwives@nhs.net

Planning area 2

West Midwifery Team

Waddon Clinic
1A Coldharbour Rd
Croydon
CR0 4DY
02086868954
07976704164
CH-TR.westmidwives@nhs.net

Central Midwifery Team

Shirley Clinic
135 Upper Shirley Rd
Croydon
CR0 7LR
02084013000 Ext 4419
07976704027
CH-TR.centralmidwives@nhs.net

Planning area 3

Southeast Midwifery Team

Purley war Memorial Hospital
856 Brighton Rd
Purley
CR8 2YL
02084013000 Ext 2385, 2386, 3971
07976704097
CH-TR.southmidwives@nhs.net

We also have a homebirth team which covers all planning areas

Crocus Homebirth Team
CH-TR.CrocusTeam@nhs.net

Hospital Contacts

Central Delivery Suite (Labour Ward)
02084013179

Lucina Birthing Suite (Birth Centre)
02084013169

Maternity Triage
02084013853

Hope Antenatal Ward
02084013176

Mary Postnatal ward
02084013182

Community Midwives Office (7-3pm)
02084013171

Antenatal Clinic Midwives' Desk
02084013459

If you would like to find out more about our services and facilities we invite you to our monthly Early Pregnancy Evening held every first Wednesday of the month from 7pm in the Antenatal Clinic Waiting Area. Alternatively you can visit our website www.croydonhealthservices.nhs.uk/maternity-services.

Antenatal care pathway

All antenatal care is coordinated either by the Community Midwifery Teams via the Team Midwifery Model or The Homebirth Team via the Caseloading Model

- The Team midwifery model is comprised of 4-6 midwives in a team who will look after you throughout the antenatal as well as the postnatal period. This means when you go into labour you will be looked after by hospital midwives who might not be known to you although occasionally one of the midwives in your community midwifery team may be working in the hospital and may look after you in labour as well. This however is not guaranteed. Each midwife in the team has a named clinic and this way we reduce the amount of midwives you see during your antenatal or postnatal appointments. Preferably we would

like you to be seen by only 2 midwives throughout your pregnancy and after the birth of your baby.

- Within the Caseloading model you are allocated a named midwife and a buddy. Your named midwife will as much as possible look after you throughout the pregnancy, during labour and after birth. If your named midwife is not available their 'Buddy' will look after you. **This service at the moment is only for women planning to have their baby at home.**

Women having a normal pregnancy will have:

9 antenatal appointments for first time mother

7 appointments for others

Antenatal Classes are available at Croydon University Hospital from 34 weeks.

Please ring 02084013860 or speak to the midwife

We also run Croydon Best Start Information Evenings where other services that will support you and your baby up to your baby's 5th birthday come along to give you useful information. Check with your midwifery team where these are held in your local area.

Choice of place of birth

Place of birth	Advantages	Disadvantages
Homebirth	<ul style="list-style-type: none"> ➤ Familiar surroundings ➤ More comfortable ➤ Free to move about ➤ Freedom to have as many birth partners as you wish ➤ Fewer interventions 	<ul style="list-style-type: none"> ➤ If complications arise will need transfer to hospital. ➤ Epidural not available
Lucina Birthing Suite	<ul style="list-style-type: none"> ➤ An alternative to homebirth ➤ Birthing pools available ➤ Easier transfer to central delivery suite if complications arise ➤ Can go home a few hours after delivery 	<ul style="list-style-type: none"> ➤ Epidural not available ➤ Need for transfer if complications arise
Central Delivery Suite	<ul style="list-style-type: none"> ➤ No need for transfer if complications arise ➤ Best place for high risk pregnancies/labour ➤ Epidural available as 	<ul style="list-style-type: none"> ➤ Likely to have more interventions ➤ Possible increased risk and recovery time with more interventions

	a pain relief option	
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Postnatal care

The first visit after discharge from hospital will be done at home and if all well the 2nd and 3rd visits will be done in clinic. Families needing more support will receive enhanced midwifery care for up to 28 days.